

The Late-Onset Neuromuscular Disease Consortium (LONDC) is in the midst of its first project, the **Common Experience Research and Awareness Campaign**. The goal of this project is to speed time to diagnosis for people with late-onset neuromuscular diseases (LONDs) through earlier referrals to the right specialists.

| Project Plan for Phase 1 |   |
|--------------------------|---|
| Preparation              | <ul> <li>Hold informational interviews with LOND community to review<br/>and align on Phase 1 plan</li> </ul>   |
| Research                 | <ul> <li>Interview patients to capture symptom presentation and language</li> <li>Survey physicians to identify barriers to specialist referrals</li> <li>Analyze and combine results for consensus building</li> </ul> |
| Consensus<br>Building    | <ul> <li>Review information and gain consensus on common<br/>symptoms and physican-focused tool with KOLs, patients, and<br/>other stakeholders through a series of meetings</li> </ul>                                 |
| White<br>Paper           | <ul> <li>Develop a manuscript to present findings, including physician-<br/>focused tool to better recognize LONDs or when to refer a patient<br/>with a potential LOND to a neuromuscular specialist</li> </ul>        |
| Mnemonic                 | Create a consumer-focused mnemonic to help people identify symptoms and empower them to request a referral  |

## **2025 Project Focus**

The first phase of the project is designed to culminate in a peer-reviewed publication and tools that will be the foundation of an awareness and education campaign. In 2025, the LONDC is focused on refining and securing consensus on the symptom-based decision-making tool with clinicians and community leaders and developing the white paper.

The LONDC relies on sponsorships and grants to continue advancing this important work and to ensure a sustainable future for the consortium.

Contact us at LONDC@neuromuscularfoundation.org to learn how your organization can take part in collaborative efforts to address the unmet needs of individuals affected by LONDs.

